

Memory Care / Dementia Care Information Disclosure

Philosophy

Using the small setting of the residential care home, both memory care and non-memory care residents live in a family-like setting and participate in the daily activities offered to all residents. The small setting with familiar people and physical areas is often helpful to the memory care resident. Private and semi-private rooms are available to meet the needs of a variety of residents.

Criteria

Mild to moderate late stage dementia without wandering tendencies, abusive behavior or potential to harm self or others while in a non-secure environment. The facility is not locked or fenced thus a resident prone to wandering would not be safe.

Assessment Process

A comprehensive RN assessment of psycho-social history and status, cognitive function, depression, spiritual and physiological status and needs are evaluated. A review of systems, ADLs, IADLs, vulnerabilities, abuse/neglect concerns, and living environment concerns is also performed. Plans of care are developed based on the assessment results. Additional assessments are performed when significant changes are observed.

Physical Environment

Walnut Lodge is a single family residence modified to meet the needs of seniors. The house has 6 rooms on the main floor including 3 bedrooms, living/dining, kitchen and office. Two bathrooms have been modified to be handicap friendly and a handicap ramp was built in the garage.

The house has two levels, main and lower, and has a stair lift going between them. The lower level has a large gathering / activity room and a children's playroom / sitting room. There is also one bedroom on the lower level with a private bathroom and separate entrance which can be either a shared room, couple suite, or end of life care suite.

The house is not typically locked during the day and evening. Locked central storage for medications is available and 24 hour staff is physically present in the house with the residents.

Programs and Activities

Walnut Lodge has programmed activities including music, exercise, one-to-one time with caregivers, daily trivia exercises, reading of the news and current events, reminiscence discussions and opportunities for outings. Residents are encouraged to participate in the daily chores around the house as they desire and are able. There is also a computer and internet access available for residents capable of using the internet to communicate with others.

Family Involvement

All plans of care are developed with input from family members and family members are encouraged to visit and participate in resident activities. Individual teaching, support and resources are provided to family members regarding their loved ones as requested and available. Family support programs are not directly provided by the facility however assistance with finding appropriate support programs is provided.

Costs

There are no additional costs for memory/dementia care at Walnut Lodge. Any changes to the regular fee schedule are covered in the Residency Agreement.

Staff Credentials

All staff are licensed Certified Nursing Assistants (CNAs) or higher and receive training in infection control, dementia, Alzheimer's disease, emergency procedures, nutrition and hydration, end of life care, food safety, home safety, and medication administration. All staff also receive the Orientation to Home Care Bill of Rights training, confidentiality training and receive a personal resident orientation performed by an RN for each new resident and are required to complete annual on-going training.

We have an LPN on staff weekdays from 8:00am to 4:00pm and we maintain a staff to client ratio of 1:3 during the day and evening and 1:6 overnight. Overnight care can be either awake or asleep depending on the number of residents and their individual needs.

The RN has a master's degree in nursing and is a nationally certified geriatric case manager with 30+ years experience with seniors with and without memory care needs. She also has extensive experience in the long-term care and home health settings and in identifying needs and resources for seniors.